

Internship Admissions, Support, and Initial Placement Data
Date Program Tables are updated:

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	☐ Yes ☒ No
If yes, provide website link (or content from brochure) where this specific information is presented:	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The CBC Internship Program is designed for doctoral students seeking intensive training in cognitive and behavioral interventions across the lifespan. Applicants who are likely to be a strong fit are enrolled and in good standing in an APA- or CPA-accredited clinical, counseling, or school psychology doctoral program and have developed a solid foundation in evidence-based practice through practicum experiences, particularly in Cognitive Behavioral Therapy (CBT) and/or Dialectical Behavior Therapy (DBT). Competitive applicants typically have at least 500 intervention hours, 50 assessment hours, a defended dissertation proposal, experience or demonstrated interest in working with diverse populations, and a willingness to provide services to clients of all ages. Selection decisions are based on a comprehensive review of application materials and standardized interviews, with consideration given to applicants' clinical preparation, professional competencies, and overall fit with the program's training model. Applicants must also be eligible to work in the United States and successfully complete a background check prior to beginning the internship.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	Yes		Amount: 500
Total Direct Contact Assessment Hours	Yes		Amount: 50

Describe any other required minimum criteria used to screen applicants:

Other criteria used to screen applicants include a defended dissertation proposal, some experience or special interest in working with diverse populations, practicum experience delivering CBT and/or DBT, willingness to work with clients across the lifespan, and current enrollment and good standing in an APA- or CPA-accredited clinical, counseling, or school doctoral program.

Financial and Other Benefit Support for Upcoming Training Year¹

¹ Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Annual Stipend/Salary for Full-time Interns	\$41,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	☒ Yes	☐ No
If access to medical insurance is provided:		
Trainee contribution to cost required?	☒ Yes	☐ No
Coverage of family member(s) available?	☒ Yes	☐ No
Coverage of legally married partner available?	☒ Yes	☐ No
Coverage of domestic partner available?	☒ Yes	☐ No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	160 hours	
Hours of Annual Paid Sick Leave	40 hours	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	☒ Yes	☐ No
Other Benefits (please describe): ● Basic Life/AD&D Insurance: Fully covered by CBC, with eligibility beginning on the first day of the month following employment. ● Flexible Spending Account (FSA): Eligible to participate on the first day of the month following the employee's date of hire. ● 401(k) / Profit Sharing Plan: Eligible after six months of continuous employment, with up to a 3.5% employer match.		

Initial Post-Internship Positions

	2025-2026	
Total # of interns who were in the cohort (No data is available before 2025)	2	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	PD = 0	EP = 0
Community mental health center	PD = 1	EP = 0
Consortium	PD = 0	EP = 0
University Counseling Center	PD = 0	EP = 0
Hospital/Medical Center	PD = 0	EP = 0
Veterans Affairs Health Care System	PD = 0	EP = 0
Psychiatric facility	PD = 0	EP = 0
Correctional facility	PD = 0	EP = 0
Health maintenance organization	PD = 0	EP = 0
School district/system	PD = 0	EP = 0
Independent practice setting	PD = 1	EP = 0
Other	PD = 0	EP = 0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.